



Research Article

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Causes And Effects of Drugs Abuse Among the Muslims Youth of Tambuwal Metropolis

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Abstract: Drug abuse is the unlawful application of drugs without the authorization of medical practitioner with the aim of achieving satisfaction other than what the drug is meant for. Drug abuse now a days has become a global problem. This research paper investigates the causes and effects of drug abuse among Muslims youth in Tambuwal metropolis and provides Islamic solution. Islam in a strong term prohibits Muslims from the use of illicit drugs and all kinds of other intoxicants. This prohibition of alcohol consumption in Islam is rooted in the Glorious Qur'an and tradition of the prophet Muhammad (Peace and Blessings of Allah be upon him).

Keywords: Effects, Drugs, Muslims, Youth and Tambuwal

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INTRODUCTION

Islam is a complete way of life that provides total guidance for the mankind. In other words it has provided total guidance in all aspects of human life, be it religious, political, economical and social. Along this line it has made some prohibitions for the general benefits of mankind in this world and the hereafter. Drug abuse is among these prohibitions.

Drugs abuse is a rampant and wide spread activity and consumption of illegal drugs which has today reached the level of an epidemic in spite of the fact that no religion condones such acts. Islam strongly prohibits Muslim from use of drugs and all sorts of other intoxicants; starting from alcohol. Drinking of alcohol is a capital offence committed by some Muslims. Allah (S.W.T) in the Glorious Qur'an used the word "Khamr" to mean alcoholic drinks which Islam warned against their negative effects on human beings. Islam dealt with the problem of alcohol and all other kinds of intoxicants inclusive in an excellent way. This can be seen from the following Qur'anic verses.

They ask you about intoxicants and games of chance. Say in both of them there is a great sin and means of profit For men, and their sin is greater than profit¹.

In another verse

O you who believe! Do not go near prayer When you are intoxicated until you know(well)what you say².?

In another verse

O you who believe! Intoxicants and gambling, (dedication of) of Stones and (divination) by arrow are an abomination of satans Handiwork. Avoid (such abomination) that may prosper³.

Finally, concerning this issue of alcoholism Allah (S.W.T) said

Satan's only desires to cause enmity and hatred to spring in Your midst by means of intoxicants and games of chance, and To keep you off from the remembrance of Allah and from prayer. Will you then desists⁴?

The above quoted verses of the Glorious Qur'an totally condemned alcoholic drinks and other kinds of intoxication in Islam. At the same time shows its negative effects on the Muslim ummah. In fact one who is intoxicated is forbidden from prayer which is the highest act of worship in Islam. There are numerous tradition of the prophet Muhammad (May peace and Blessings be upon him) that also dealt with the issue intoxication in Islam. Some of these ahadith are as follows: -

Every intoxicant is Khamr and every Khamr is haram(forbidden⁵)

In another tradition prophet Muhammad (May peace and Blessings be upon him) was reported to have cursed alcohol and ten people who are involved in it.

*The wine presser, the one who has pressed,
The who drinks it, the one who conveys it,
the one to whom it is conveyed, the one who serves it,
the one who sells it, the one who benefits from the paid
for it,
the who buys it, and the one for whom it is bought*⁶.

The main reason for the prohibition of intoxicants substances in Islam is to protect Muslim's ummah against its negative effects or consequences that it can cause on human's life.

Punishment For Drinking

The drinking of alcoholic beverages or shrub al-khamr is one of major issues which Islam has given a good deal of attention. Muslim jurists also discussed this matter extensively. It is important, however to note that the prophet Muhammad (May peace and Blessings be upon him) defined khamr as "any drink which makes a person drunk". And he declared all drinks of this sort to be forbidden (Haram)⁷.

In the Glorious Qur'an, drinking of alcohol and various other actions, such as usury(riba) and eating the flesh of swine (akl al-khanzir), are simply declared to be forbidden(haram). The drinking of alcohol, however was the most common of these practices among the Arabs; hence, prophet Muhammad (May peace and Blessing be upon him) imposed a punishment for it. While the other prohibited acts remained purely civil issues, as crimes for which there can be a ta'azir or punishment. As definition of hadd punishment implies, it can be prescribed only by God. In the one instance in which it was prescribed not by the Qur'an but by sunnah, the prophet made it absolutely clear that he was acting according to divine revelation (wahy)⁸.

Muslim jurists unanimously agreed on the prohibition of 'Khamr' in islam but they differ on its definition which gave birth to different opinions regarding the alcohol origin from wine and other substances. Majority of the Muslim jurist (fuqaha'u) maintained that 'Khamr' is a comprehensive word that consists all intoxicating drinks, a minority of jurists held that 'khamr' is specifically refers to intoxicants made from grapes. They differ also on the number of lashes the drinker of khamr should have as a punishment⁹.

In fact, Muslim jurists unanimously agreed khamr was prohibited after the battle of Uhud according to the historians. However, they differed about the exact time of the battle, and most of them said it was in the third year after Hijra. Ibn Rush said:

*With respect to khamr,(Muslim jurist)
Agreed about its prohibition in small or*

*Large quantities. I mean, that which
Derived from grape juice. They agreed that,
The amount which intoxicants is prohibited.
The majority of jurists of Hijaz Aswell as the
Majority of the traditionalists, maintained that
Small and large amounts of intoxicating liquor
Are prohibited*¹⁰.

METHODOLOGY OF THE RESEARCH

Researcher intends to mention the procedure and method used in obtaining data and information which help in making research paper successful. There are different methods available in for collecting information of the research which the following: -

a) Interview

An interview is a structured conversation where one participant ask questions, and the other providing answers.

b) Observation Method.

Observation is a technique of scientific inquiry and method of gathering information and data. Observation also means use of eyes rather than ears and voice in obtaining information or data.

c) Relevant Materials.

The researcher also used available materials relevant to this paper at his disposal, such as text books, journals, etc.

Aim And Objectives the Research

The aim of this research paper is to find the causes and effects of drugs on the muslims youth in the area. While the objectives are: -

- To outline the drugs commonly abuse in the area.
- To outline the centres established for drug abuse in the area.
- To examine the Islamic rulings on drug abuse by the muslim youth in the area and proffer Islamic solution
- To notify our community leaders about the attitudes of our youth in the area and suggest possible solutions to it.

Causes of Drugs Abuse in Tambuwal Metropolis

Drug abuse is a global issue affecting the social and religious life of the Muslims in the world. Drug abuse in Tambuwal metropolis is said to have been as a result of certain factors. There are many factors that pushes youth in Tambuwal to drug abuse depending on the situation and circumstances. Some of these factors are as follows:-

Influence of the Alcoholic Parents

The main cause of drug abuse among the youths of Tambuwal metropolis is the influence of some parents into it, thereby influencing their children into taking illicit drugs and smoking. This is becoming worst to the extent that these parents did not hide themselves when consuming such illicit drugs or smoking Indian hemp. They expose themselves in an open places where they can be seen by their own biological children. While seeing their parents intoxicated they tend to copy such from their parents thinking that they are copying good things from their parent. This serve as an example to their children because small children always tries to copy what they have seen from their parents or elders in the society. For this reason they would grow up drinking and smoking¹¹.

The above information is enough to tell you that parents are training their children to become drug abusers in future. This is contrary to the statement of Allah (S.W.T) in the Glorious Qur'an:

*O you who believe/save yourselves and your families
From a fire whose fuel is men and stone; over it are
Angels stern and strong, they do not disobey
Allah in what He commands them, and do as they are
commanded¹².*

From the verse quoted above it is to us, that parents are expected protect their children from whatever will invite the anger of God drug abuse inclusive.

Political Campaigns

During political campaign period, some politician give their supporters (youth) all kinds of support they need mostly monetary to work for them day and night under sun or rain in order to achieve their goal. These kinds of situation and pressure push these young men to abuse drugs in order to withhold any pressure. At the end of the day, one will find them clashing with other party supporters because they are under the influence of drugs¹³. This type of problem is becoming universal problem in the northern part of Nigeria.

Peer Groups

Some people, especially young men and women, abuse drug as a result of peer group influences. Peer groups always try to influence their friends who do not abuse drugs to join them. As they offer for them drugs free for the first time¹⁴.

In fact, friends have the greatest influence on smokers and drug abusers. Usually it imitation of smoking/drug abuse occurs in the company of friend who is either smoker or drug abuser or who has combined both the two.

Desire to Prepare for Examination

Some student abuse drugs especially stimulants to keep awake in order to read at night for the examination. However, in most cases, these students who

abuse drugs read without proper understanding due to influence of drugs and mostly fall asleep in the morning when exams are supposed to start. At the end of the day, they missed their papers or come to class very late¹⁵.

Poverty

Children from very low income and poor educational background are more likely to become abuses due to the lack of discipline and proper care from their parents. Today, there is a reverse in this trend because many children from higher income and good educational background abuse drugs¹⁶.

Availability of Drugs

Whenever drugs are available in our cities or towns, and villages and people have easy access to them without any legislation guiding the sales, people are more likely to abuse them and continue with the abuse.¹⁷ In Tambuwal metropolis almost all medical shops we have are in possession of one or two out of the drugs commonly abuse by our youth which is a big mistake.

Unemployment

It is often¹⁸ said an idle mind is devil's workshop. Therefore, people, especially youth who are employable but not employed are more likely to abuse drugs as a remedy to their problem.

Daily Occasional Pressure:

Wheel barrow pushers, laborers and motorcycle riders indulge themselves in drug abuse to cope with fatigue and also enable them measure up to the demand of the job. In fact the need for energy to work for long hours contributed a lot in this line. For example, some wheel barrow pushers and laborers in Tambuwal metropolis confessed that,

*If we take drugs, we will feel strong and fearless and
find it much easier to work for many hours¹⁹.*

Role Model

Film and T.v stars, pop stars and fashion model make smoking seen attractive and the adolescents initiate them to smoke their style. They leave tremendous impact on the adolescent mind²⁰.

Effects of Drug Abuse on The Muslims Youth in Tambuwal Metropolis

Availability and misuse of illicit drugs among the youth now adays is a global challenge. It affected almost all countries of the world including Nigeria. Tambuwal local government of Sokoto state, Nigeria was also affected with this issue, as a result of number of reasons stated earlier in our discussion. In fact despite the effort of the National Drug Law Enforcement Agency (N.D.L.E.A) Tambuwal Area Command and Nigeria Police Force (NPF) in Tambuwal metropolis to prevent and control social vices in the society, this issue remained a source of law violation. The following are

some of the effects of drug abuse on the Muslims youth in Tambuwal metropolis: -

Health Effects

Cannabis sativa (Popularly Known as Indian hemp) is the oldest and most commonly abused drug in Tambuwal metropolis. It causes impaired executive functioning, psychosis, and schizophrenia, among other impairments. It contains more cancer-causing agents than tobacco. Likewise, pentazocine injection which is the second most common abused drug in the area, causes shallow breathing, difficulty or noisy breathing, confusion and more than usual sleepiness. Paraldehyde injection causes toxic hepatitis, nephrosis, and metabolic acidosis.

In fact, the youth in this area were attacked by different types of diseases such as hepatitis, cancer, kidney disease as well as liver problem. Because the immune system of their bodies was already damaged for this reason they are exposed to different types of diseases. In a nutshell there are several cases of early death as result of consequences of these illicit drugs in the area²¹. The worse part of this matter is that some injected their penis simply because the veins in the penis are very easy to identify unlike other parts of the body. In addition to this, two or more people can share one syringe for this harmful injection at the same time depending on the number of the crowd²². For this reason, there is every tendency of transmitting diseases among themselves.

Social Effects

Drug abuse in the area has a great impact on the social and cultural status of individual and community. It leads to depression, homicide, suicides, violence, injuries and accidents. It has also been connected with sexual vices and poor academic performance in the area. Drug abusers in the area were engaged in phone theft, rape, Kidnapping, homicide as well as different cases of social vices which have harmful effects on the whole community and cause social set back²³. In the case of the family of drug abusers in the area some of the social consequences they witnessed include instability in family relationship, domestic violence lack of social harmony and happiness among others.

Religious Effects

Drug abuse has a serious negative effect on the religious lives of the youth in the area. Allah (S.W.T) made It clear in the Glorious Qur'an where He said:

Satan's only desires to cause enmity and hatred to spring in Your midst by means of intoxicants and games of chance, and To keep you off from the remembrance of Allah and from prayer. Will you then desists²⁴?

Muslims viewed partaking in alcohol and illicit drugs as an act of satan which drive righteous away from God. It makes people forget time of prayer as well as remembrance of Allah. Members of the drug abuse centre called "Dabar yan ulcer" i.e those whom claimed to have ulcer disease neither pray nor fast in the month of Ramadan. This tell you the extent to which drug abuse affected our youth religiously. That is why Islam considers alcohol as the of evil. Consumption of illicit drugs makes the commission of offences easier as the abuser loses his inhibition.

Economic Effects

In Islamic economics drug abuse is strictly unlawful because it has affected the welfare of individuals, family and society at large. Islamic shariah provide guidance on how to spend our money. Using money to buy anything that is harmful to one and society is forbidden in Islam. In fact the money that is supposed to be use for an important thing goes to illicit drugs. This problem affected the youth in the area economically. This research discovered that wheel barrow pushers and laborers' used their hard earned money for illicit drugs in the area.²⁵ Instead of using the money for food, clothes and other important things. Besides, it is also a waste of good money. A person with his hard earned money buys and drinks this stuff to loss his senses and reasoning.

Impact of National Drug Law Enforcement Agency (NDLEA) in Tambuwal Metropolis

The National Drug Law Enforcement Agency (NDLEA) plays a crucial role in combatting drug trafficking and abuse in Tambuwal Metropolis. With its enforcement efforts, the NDLEA aimed to reduce the availability of illicit drugs, protect communities from drug-related crimes, and promote public health and safety.

One of the primary impacts of the NDLEA in Tambuwal Metropolis is its role in disrupting drug trafficking networks. By conducting raids, arrests, and intelligence-gathering operations within Tambuwal Local Government and other sisters Local Government within the entire zone. The agency works to intercept and seize illegal drugs before they reach the streets. This not only prevents the distribution of harmful substances but also helps to dismantle criminal organizations involved in drug trafficking. Through its efforts, the NDLEA helps to disrupt the flow of drugs into Tambuwal Metropolis, contributing to a safer and healthier community²⁶.

The NDLEA also plays a vital role in raising awareness about the dangers of drug abuse and addiction. The agency engages in educational campaigns and community outreach initiatives to educate the public about the risks associated with drug use. By promoting drug prevention programs and providing information about the consequences of drug abuse, the NDLEA works to deter individuals from experimenting with illicit substances.

Additionally, the NDLEA provides support for individuals struggling with substance abuse issues in Tambuwal Metropolis. The agency offers rehabilitation services and treatment programs to help individuals overcome addiction and rebuild their lives. By connecting individuals with the resources, they need to recover from drug dependency, the NDLEA promotes recovery and reduces the social and economic impact of drug abuse on the community. They send the victims to state capital where rehabilitation was located.

The agency here in Tambuwal Local Government confirmed receiving moral and financial support from the Local Government under the leadership of Hon Abba Shehu Tambuwal. The agency was assisted with one bus and two motor cycles to ease their transportation. But other sisters Local Governments around the zone neither support nor encourage the agency. Another challenge facing the agency is lack of commitments from the community. The community neither appreciate their effort nor provide them with useful information.

Addiction To Drug Abuse by The Youths in Tambuwal Metropolis

Drugs addiction is the continuous uncontrolled, compulsive use of drug not only to include intoxication but also to avoid the tortures of withdrawal. By addiction to drug abuse, it means taking intoxicants as a habit or compulsively. Drug abuse also like many other evil acts is of the prevailing issues among the Muslims youth particularly the youths of Tambuwal metropolis. Many young men and women in this area have legalised drug abuse drinks, drugs and smokes. This is because many of the youth have established centres where they meet almost each and every day regardless of the time in can be in the morning, afternoon or in the night. These centres include the following: -

1. Public schools
2. Motor Park station
3. incomplete buildings close to the bush
4. Isolated areas
5. Maikada Market
6. A place that is in between Tambuwal and Doduru market called (Dabar yan ciwon ulcer) i. e the Centre of those who are ulcer positive.

While they drink till they become out of their senses. This made so many youths to be so much addicted to it, that they could not do without it. Thus, they lost their selves control²⁷.

Many youths also attend parties and disco gathering where they would be taking drug and began intoxicated. Moreover, so many youths in this area involved in taking drug while other smoke Indian hemp and other intoxicant as a result of which many crimes haven committed in the area. Many of the youth are now

irresponsible, some of them even reached the extent of running and while they end up on the street and other bad places all as a result of involving oneself into drug abuse.

Common Drugs Youths Abuse in Tambuwal Metropolis

1. Codeine
2. Benyline
3. Pentazocine
4. Paraldehyde
5. Cannabis saliva (Popularly known as Indian hemp)
6. Cofline
7. Tutoline
8. Tobacco
9. Trimadol
10. Alcohol.
11. Cocaine

There are three ways through which these substances can be abused. These are oral, injected through inhalation and finally through intramuscular injection.

These are some of the common drugs abuse by our youths in Tambuwal metropolis. Some of these drugs are in tablets while some are in syrups. In case of cocaine you can only find it in very rare cases because it is hard to get and expensive to afford. In fact, cocaine was abuse once in Tambuwal metropolis.

RESEARCH FINDINGS

The following are some of the findings of this research paper they are as follows: -

1. Causes of drug abuse are influence of alcoholic parents, peer group influence, political campaigns, unemployment, desire for good academic performance, poverty, daily occasional pressure, and availability of drugs in the area.
2. There are center's established in the area for drug abuse.
3. Drug abuse has affected our youth and community negatively in all aspects of their lives.
4. There is no cocaine in the area.
5. National Drugs Law Enforcement Agency (N.D.L.E.A) Tambuwal zonal has raided and arrested many involved in drugs trafficking in the area.
6. In most cases criminal cases are committed by drug abusers in the area.

RECOMMENDATION

The aim of this research paper as started is to find possible solution to the problem of drug abuse among the youth of Tambuwal metropolis. Drug abuse could be stopped or at least reduced to bearest minimum through the application of the following recommendations:

1. **Fear of Allah:** Fear of Allah is the best solution to any moral laxity and to protect one from hellfire.

Because whenever a Muslims has fear Allah (S.W.T). In his mind will enable him guard himself from committing any kind of evil act. There is a clear verse in the Glorious Qur'an where Allah (S.W.T) urged people to guard themselves and their families from hellfire. This is stated to the following verse:

O! you who have believed, protect yourselves and your families from a fire whose fuel is people and stones, over which are (appointed) angels, harsh and severe, they do not disobey Allah in what He commands them but do what they are commanded²⁸.

In Islam there is no way to gain honour, happiness, peace and tranquillity other than to adopt and firmly hold onto the part of predecessors of Islam for which every one of us must adopt for our salvation. The only remedy for this moral decadence among the youths is to return to the teaching of the Glorious Qur'an like following Allah's commandment properly and sincerely.

2. **Withdrawal of beer license:** This can be done only by the federal Government but local government should announce the stoppage of the selling all kind intoxication, likewise established centres of drugs abuse located in everywhere should be closed. In addition to this the government should announce that any person who is involved in such intoxicants such as illegal drug Indian hemp, and alcohol would be dealt with and punished publically in order to serve as deterrent to others. In fact they should punish according to Islamic Shariah.
3. **Parent orientation:** The parents should take proper care of their children and train them accordance with the teaching of Islam. The members of the community should join hand with government, parents and his bah commission for the control and eradication of intoxication of in the society and prosecution of the drinkers publicly to serve as lesson for others. This issue is the responsibility of parents to inculcate in their children good habit character, for this Allah (S.W.T) called on the believers to guard themselves and their families from hellfire as stated in the Qur'an.

*O you who believe! save yourselves and your families
From a fire whose fuel is men and stone; over it
are
Angels stern and strong, they do not disobey
Allah in what He commands them, and do as they
are commanded²⁹.*

4. **Disco gathering:** should be stopped among the youths through the government: this is one of the factors that led the youth to consume alcohol and other intoxicants. It also serves as a place where youth initiated in to immoral act. Most of them do

not drink or smoke ordinarily but they do so when they found themselves in such place.

5. **Muslim youths:** Muslims youths should try to avoid themselves in associating themselves with bad friends because friends play a very important role in influencing the behaviour of an individual positively or negatively. In addition to this Muslims youth should try as much as possible to forming a group of da'awah in order to educate themselves the effect of drinking alcohol among the youth. This is to assist in eradicating immoral act and at the end Allah (S.W.T) granting them paradise, this is stated in the glorious Qur'an where Allah (S.W.T) says in surah An Naziat:

*But as for he who feared the position of his Lord
and prevent the soul from (unlawful) inclination.
Then indeed the paradise will be (his) refuge³⁰.*

If our youth teaching of this above mentioned into practice, taking or drinking alcoholism will be reduce for the Muslims youth and also to restrain themselves in committing any evil act.

6. Government should ban the advertisement of all harmful drugs such as beers, cigarettes etc. on all the private and national media.
7. Government should encourage adverts on negative effects of abused substance in all the private and national media.
8. Functional religious counselling units with qualified personnel should be introduced in all communities and institutions of learning in Tambuwal metropolis.
9. Government and other agents of socialization should mount up conferences and workshops to sensitize the Muslims youths about the negative effects of drug abuse.
10. Members of the community should be educated on the negative effects of drug abuse through bill boards and prohibits the sale of these drugs in and around.
11. Government should go after all medical shops involves responsible for selling illicit drugs in the Tambuwal metropolis. and also pray for their guidance and protection.
12. Tambuwal Local Government in connection with state ministry of education should introduce a course/ subject in their curriculum dealing with effects of drug abuse in both primary and secondary schools.

CONCLUSION

Islam is a religion that serves and prescribes a way of life for muslims in a very protective and unifying way. Drug abuse contradict the spirit and goal of Islamic shariah. Drug abuse is a threat to human life and for this reason it has violated Islamic shariah. Therefore it remains punishable crime. Likewise drug trafficking is a serious upon which criminal punishment is imposed under Islamic law. Drug abuse causes variables like

poverty , crimes, health challenges, sudden death among others in the society.

- ¹ Qur'an2:19
- ² Qur'an 4:43
- ³ Qur'an 5:90
- ⁴ Qur'an 5:91
- ⁵ Hadith(Bukhari)
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- ²⁸ AlQur'an 66:6
- ²⁹ AlQur'an 66:6
- ³⁰ AlQuran 79:40